



Overnight Packing List

Introduction to Sea Kayak Camping/Expeditionary Skills Multi-Day Overnight

Personal Items - Our instructors can help you pair down if needed

- Synthetic clothing for paddling
 - T-shirts, long sleeve shirts, wool socks, underwear, shorts, pants, long underwear, fleece, etc.)
- Comfort clothing for camp (That pair of jeans you really want to take)
- Rain gear (If forecasted)
- Warm jacket
- Warm hat
- Sun hat
- Sunglasses with tether strap
- Sunscreen
- Personal medication
- Closed toed shoes for paddling
- Comfort shoes for camp
- Bandana
- Water bottles x2
- Stuff sacks
- Camp chair (collapsible to fit inside a kayak hatch)
- Headlamp
- Signed liability form
- Good book
- Note taking materials
- Camera
- Toiletries
- Personal first aid kit



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Camping Items

- Tent (Provided upon request with advanced notice)
- Ground pad for tent
- Sleeping bag with stuff sack (Fidalgo Paddlesports does not provide due to Covid 19. We are happy to provide recommendations!)
- Sleeping pad (Fidalgo Paddlesports does not provide due to Covid 19. We are happy to provide recommendations!)

Optional Paddling Items

Fidalgo Paddlesports provides all paddling gear. You are always welcome to bring your personal gear listed below.

- Kayak (Please see our [personal kayak policy](#))
- Paddle
- Spare paddle
- Immersion wear (Drysuit/Wetsuit)
- PFD with whistle
- Spray skirt
- Tow rope
- Bilge pump
- Sponge
- Paddle float
- Paddle knife
- Strobe (Attached to your PFD)
- Chart
- VHF radio



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Provided Items

Fidalgo Paddlesports provided all paddling equipment inclusive of boats, rescue gear, paddles, PFD's and immersion wear. In addition, we provide dinners only (please reach out beforehand with any dietary requirements), stoves, pots, pans, plate, bowl, spoon, fork, fuel, dromedaries, stuff sacks (as quantities allow), food hanging supplies, navigational aids, first aid supplies, water.